St. Charles Sharks Swim Team 2024 Team Information

- Complete registration form and pay \$30 swimmer fee (be sure to indicate swimmer t-shirt size)
- Team color: Royal Blue
- Open to St. Charles residents ages 5 -14
- Skill requirements: must be able to swim an unassisted length of the pool (no floaties or lifejackets)

Swim tests will take place at the first practice

Coach: Alexa Coughlan <u>alexaacoughlan@gmail.com</u> 501-256-7138 Team Organizer: Heather Doherty <u>heatherjdoherty@yahoo.com</u> 830-446-0899

Asst. Team Organizer: **VOLUNTEER NEEDED**

Parent Volunteers Are Needed

- Fill out the St.Charles registration form.
- Be sure to include each child's swimming experience, if any (including strokes your child can swim; i.e. freestyle, breaststroke, backstroke and butterfly) on the back of the registration form.
- Checks can be made to St. Charles Community Association or pay by credit card at the pool gate.
- Return forms and payment to the St. Charles Pool or Heather Doherty by Monday, June 3rd.
- Please sign up to volunteer at the meets or at practices.
- Help is needed on the administration of the team and for meets.
- Practices are Tuesdays and Thursdays from 6:30 p.m. to 7:30 p.m. Starting May 30th.
- Send questions to heatherjdoherty@yahoo.com
- <u>IMPORTANT</u>: Practices end promptly at 7:30 and parents must be present by then since lifeguards are performing closing duties at that time. Any child whose parent is not on site will be asked to sit out of the pool until a parent arrives.

SWIM MEET SCHEDULE 6 p.m. warmups, 6:30 p.m. meet start

June 11	St. Charles Sharks vs Parkway Place Sharks @ Parkway Place
June 18	St. Charles Sharks vs Hillsborough Hammerheads @ Hillsborough
June 25	Marlowe Manor Makos vs St. Charles Sharks @ St. Charles
July 9	Arkansas Dolphins vs St. Charles Sharks @ St. Charles
July TBD	Championship Meet @ Jim Dailey Aquatic Center (details to come)